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Candidate Handbook ...

About NETA - What it Means to be a NETA Certified

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Fitness Professional

About **NETA** - Learn what sets **NETA** apart and what's new with **NETA** directly from our presenters and staff! For more information ...

How to Prepare for the Group Exercise Instructor

Certification Exam

Get the inside scoop on how to prepare for the Group **Exercise Instructor** Exam! One

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of the most frequently
asked questions we
get ...

***Experience NETA -
Providing Fitness
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Continuing
Education*** Experience
NETA- Have you
thought about taking a
NETA fitness
workshop but haven't
actually registered
yet?! Or have you
ever ...

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Janet Smith Life Time group fitness

instructor TC Janet Smith is a group ***fitness instructor*** at Life Time Fitness in Vestavia, AL. She has been in the fitness industry for over 11 years.

Group Exercise Verbal Cueing

How to be a BETTER group fitness instructor Shemane

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has been a group
fitness instructor for
over 30 years! She was
on the Michigan
Governor's Council for
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***Fitness Professional
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Top 15 Tips for Auditioning to be a Group Fitness

Instructor The goal of
this workshop is to
provide Group **Fitness**
Instructors with the

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tools to have the best possible audition. After running a ...

Become a Les Mills Group Fitness Instructor - Jessica's Story

I'm fit, I'm strong, I feel like I'm 25". People from all walks of life are group **fitness** instructors. Take the leap from participant to ...

Group Fitness Instructor Tips Turbo

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Kick Certification - explaining what the 32 count is in relation to music, cueing, and counting in group **fitness**.

So You Want to be a Fitness Instructor?

Have you ever been to a Group **Fitness** class and thought, "I could do this"? Have you thought about turning your passion for ...

How to increase

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**your confidence as a
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HOW TO BECOME A GROUP FITNESS INSTRUCTOR | WHAT TO BECOME CERTIFIED IN?

Hello!!! I hope that this video helps the person who commented regarding this subject as well as others that wish to become a ...

Becoming a group fitness instructor

You are looking to start a group **fitness instructor** career? you

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still have some doubts?
In this video I will give
you my 9 top
reasons ...

***How to Become a
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Instructor or
Personal Trainer*** How
to Become a Group
Fitness Instructor or
Personal Trainer HOW
TO BECOME A GROUP
**FITNESS
INSTRUCTOR** - TIPS
FOR ...

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3 Tips for Becoming a Great Group Fitness Instructor & Avoiding Burnout

Every Monday I am sharing some **instructor** tips for being successful leading group **fitness** classes. Today I have 3 things you ...

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